

Ouch and Oooh.

Ouch and Oooh were related. They were not nice at all. Whenever they had the chance they would make somebody's feet sore and uncomfortable.

They lived in shoes that were not properly fitted. Nobody knew where they came from, but everybody knew where they went when they were around.

One day, Ouch and Oooh were bored and in a bad mood. They decided to sit outside a shop, in a shoe, on a rack. They had chosen a lovely coloured pair of shoes that were bound to attract somebody's attention soon.

"Heh, heh" said Ouch, "We're bound to get something soon".
"Yeah" said Oooh, and they're going to get it too in these shoes"

No sooner had Oooh said these words when a lady picked up the shoes but they were the wrong colour for her outfit, so she put them back on the rack. Then another lady picked them up but they were not available in her size. Ouch and Oooh were getting really desperate now. They were not able to do what they wanted. "Just be patient", said Oooh, but Ouch just grunted moodily back at him.

Then it happened. Oh joy for these two. A lady picked up the right shoe, tried it on and bought the pair there and then. Well Ouch and Oooh waited and waited. Then one day the lady put on her new shoes and wore them to a party.

After a little time had passed (it seemed ages to Ouch and Oooh), they started to get to work.

"Ahhh" said the lady as Ouch pinched at her feet. He squeezed her toes and pulled all her toes together. Oooh wasn't to be left out, he made her heels rub and caused blisters that bled.

Oh the relief for the lady when she took off her shoes.

"What a shame", she said, "I didn't think they were that tight in the shop". "I'd better see a Podiatrist".

The Podiatrist examined the lady's feet and he was shocked at what he saw. The lady had only worn the shoes for 1 hour and they were red raw, blistered and very painful.

Professor Pod says

"You should always have your feet measured when buying shoes to make sure they are the correct length and breadth and there is room for your toes".
"Different companies have different sizes, so whatever size you think you are, the new shoes may be different".

When the Podiatrist examined the lady's shoes, he didn't find Ouch and Oooh, but he could see where they had been.

Why don't you have a look inside your shoes and see if Ouch and Oooh are around?!