

The Society of Chiropodists and Podiatrists

Homeopathic Podiatry



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Homeopathic Podiatry

Homeopathy has been used for over 200 years, is one of the most popular complementary therapies in the UK, and is practised in many regions of the world. It is a system of medicine using very dilute substances to stimulate the body's own natural restorative powers. It works on the principle that 'like cures like', so what can cause a set of symptoms in a healthy person, can be used to cure them when used in minute amounts.

The remedies are mainly mineral, or plant based, these are then added to lactose tablets or pills. The active ingredient is diluted many times, with shaking between each dilution; the more dilute the stronger the potency. Laboratory research is focusing on the ability of water to retain a memory of the substance it has been in contact with, and there is a growing body of clinical evidence demonstrating homeopathy has a positive effect. Homeopathy is safe to use in

children, the elderly, in pregnancy, and can be used alongside other medication without adverse effects.

What is homeopathic podiatry?

Homeopathy is used in podiatry to treat conditions of the skin, bones, and nails of the foot and lower limb. It can be used for conditions such as verrucae, corns, and bunions, or where other treatments cannot be used, or have failed. It is gentle and non invasive and encourages interest in maintaining foot health. Creams, tinctures, oils, and Marigold Therapy, which is a product based on the *Tagetes* species of plant, are used alongside homeopathic medicines. Following a podiatric assessment a full homeopathic consultation may be advised, during which questions about lifestyle, diet, sleep etc. are asked. The practitioner identifies a specific homeopathic remedy from this consultation. This may be used in conjunction with Marigold Therapy where the applications of



marigold extract are held in place with padding and strapping for a course of treatment.

How do I contact a podiatrist?

To find a local Health Professions Council (HPC) registered podiatrist (also known as a chiropodist), you can either approach your GP practice for information on an NHS referral or if you decide to seek a private podiatrist you could use the following link on the Society's website: www.feetforlife.org/cgi-site/chiropodist.cgi. Alternatively look at the front of the chiropodists and podiatrists section in Yellow Pages for The Society of Chiropodists and Podiatrists listing.

How do I contact a podiatrist trained in homeopathy?

A list of podiatrists trained in homeopathy is available on the British Homeopathic Association's website: www.britishhomeopathic.org
The British Homeopathic Association

is a charity that promotes homeopathy practised by healthcare professionals.

Training, qualifications and regulation

Podiatrists are trained in homeopathy at the Royal London Homeopathic Hospital and Glasgow Homeopathic Hospital.

Qualifications are awarded by the Faculty of Homeopathy. The qualification LFHom(Pod) means the professional holds the foundation level award in homeopathic training. The qualification DFHom(Pod) means the professional holds a more advanced award.

All homeopathic podiatrists must practice within the bounds of their profession, and keep up to date with professional developments, both in podiatry and homeopathy. All podiatrists are regulated by the Health Professions Council (HPC), which is a UK wide regulatory

body, which regulates 13 health professions. Since 2005, only those podiatrists and chiropodists who have satisfied the criteria for registration with the HPC can call themselves a podiatrist or chiropodist. To use these titles when not registered is an offence.

Faculty of Homeopathy

The Faculty of Homeopathy promotes the academic and scientific development of homeopathy. It is the only professional body in the UK that ensures the highest standards in the education, training and practice of homeopathy by dentists, doctors, nurses, midwives, osteopaths, pharmacists, podiatrists, veterinary surgeons and other statutorily

registered healthcare professionals. Visit www.facultyofhomeopathy.org

Further foot health information

The Society of Chiropodists and Podiatrists provides a number of foot health information leaflets for you to either download in PDF form from the Society's website, www.feetforlife.org, or to send for in hard copy from the address at the bottom of the page. Current leaflets include Blisters, Children's Feet, Heel Pain, Footcare for People with Diabetes, Sporty Feet, and Working Feet.

Useful contacts

www.feetforlife.org
www.hpc-uk.org
www.facultyofhomeopathy.org
www.britishhomeopathic.org

With the compliments of:

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